

## Curriculum Vitae



### **Dr. Zeet Nawaz Thouba**

*Academician and former Journalist*

---

#### **Personal Particulars**

Nationality : Indian  
Sex : Male  
Languages Known : English, Hindi and Manipuri.  
Permanent/ Postal Address : Thoubal Moijing, Khongok Leikai, P.O. /P.S.- Thoubal, District: Thoubal, Manipur-795138 (India).  
Mobile : 07005072054  
Email : drzeet@nagalanduniversity.ac.in & dr.zeetthouba@gmail.com

---

#### **Academic Qualifications**

- Ph.D. in Mass Communication from Rajiv Gandhi University, Arunachal Pradesh.
- Cleared UGC-National Eligibility Test (NET) three times.
- M.A. in Mass Communication from Manipur University.
- M.A. in Political Science from Indira Gandhi National Open University, New Delhi.
- B.Sc. (Chemistry Hons.) from Kha-Manipur College, Manipur University.

**Area of Specialization:** Media Literacy, Print Media, Film and Cultural Studies, Communication Research

#### **Academic Experience**

- Serving as **Guest Faculty**, Department of Journalism and Mass Communication, Nagaland University, Lumami since 04-08-2022.

---

#### **Industry / Media Experience**

##### **In Print Media**

- **Sub Editor**, Imphal Free Press (English daily) from 03-01-2017 to 27-05-2019.  
(2 years & 4 months)
- **Reporter cum Sub-Editor** of ICN, news portal from 28-10-2016 to 12-06-2021.  
(4 years & 7 months)

##### **In Radio**

- One-month internship on Radio Programme Production from All India Radio, Imphal.

### **In TV and Advertising Organisation**

- **Creative Head & Copy Editor**, Paradise Film Development Society from 28-05-2019 to 31-07-2022.  
(3 years & 2 months)

### **In Films**

- Worked as Assistant Director, Hope Chest Films, Imphal.
- Acted in Manipuri feature film Paari Manipuri (2010).

### **Research Paper published in Journals**

<b>Sl. No.</b>	<b>Title with Page No.</b>	<b>Journal Name</b>	<b>ISSN/ ISBN</b>	<b>Refereed/ Impact factor</b>
1	ILPS in Manipur and Its Impact on Minority Communities pp. 22-26	Economic & Political Weekly (EPW) Vol. LX No 17, April 2025		
2	Media and Cultural Diversity in Manipur pp.93-104	The Journal of Oriental Research Madras, Vol. MMXXI-XCII-V, February 2021 <b>UGC Care-listed Sl.No.45</b>	0022-3301	Journal Impact Factor (2020): <b>7.215</b>
3	Media Exposure and Media Literacy: Revisiting the Literature for Mapping Research Path of Media Literacy in Meitei Pangal Community of Manipur pp. 143-146	Third Concept, Vol.36, No.429 November 2022 <b>UGC CARE-listed</b>	0970-7247	
4	Communication and Unmasking Behaviour in Meitei Pangal Community: A Study in Rural Manipur in Northeast India pp. 105-108	Third Concept, Vol.37, No. 440, October 2023 <b>UGC CARE-listed</b>	0970-7247	

### **Articles / Chapters Published in Books**

<b>Sl. No.</b>	<b>Title with Page No.</b>	<b>Book Title, Editor and Publisher</b>	<b>ISBN</b>
1	Media and Marginalization of North East India with Special Reference to Manipur, pp.49-60	Media Representation of Northeast India Saint Claret College, Ziro. 2020	978-93-5419-238-8

2	Mass Media and National Unity: Role of the Press in Manipur in the Promotion of National Integration, pp-147-158	Mass Media and National Integration Editor-GP Pandey Publisher-Mital Publications, New Delhi, 2019	81-8324-922-1
---	--	--	---------------

### Research Papers Published in Conference Proceedings

Sl. No.	Title of the Paper	Details of Conference Publications	ISBN	Year	Co-Author (s)
1	Socio-Cultural Changes of the Meitei Pangals of Manipur: A Historical Perspective pp 467-478	39th NEIHA Annual Conference North East India History Association Editor: AK Thakur	2349-753X UGC No. 42520	2018	Main Author: M.N. Khan
2	Contemporaneous Journey of Urdu Journalism in Indian Media Space: A Historical Perspective in Evolving Future Roadmap in the Changing Media Landscape	Three Day International Conference Urdu Media: Past, Present and Future		2024	Co-author: Dr. Mohammad

### Edited Books

Sl. No.	Title of the Book	Type of Book And Publisher	ISBN	Co-author/ publication date
1	Media Matters: Media, Education and Media Literacy	Reference Book <b>Shree Publishers and Distributors</b> New Delhi-110002	978-93-48514-31-8	Prof GP Pandey Dr. Khan BB Sharma

### Organization of Workshop/Seminars/Programmes

Sl. No.	Programme	Date and Duration	Organized by
1	Member, Organising Committee of <b>National Press Day 2025</b> seminar	17/11/2025	Department of Journalism and Mass Communication, Nagaland University, Lumami
2	Member of Organising Committee: <b>One-day Workshop on “Fact Checking and Verification using Digital Tools”</b>	20/09/2024	Department of Journalism and Mass Communication, Nagaland University, Lumami

## Papers Presented in Conference, Workshop, Symposia and Seminar

Sl. No.	Title of the Paper Presented	Title of Event	Date (s) of the Event	Organized by	Level
1	Role of Media in Empowering Voices in North East India for an Inclusive and Vibrant Common Future with Special Reference to Manipur	Two-Day National Conference on Empowering Voices in North East India	30 <sup>th</sup> & 31 <sup>st</sup> January, 2025	Department of Mass Communication, Manipur University and NIBIAA Consultancy Pvt. Ltd. Sponsored by North Eastern Council, Shillong	National
1	Contemporaneous Journey of Urdu Journalism in Indian Media Space: A Historical Perspective in Evolving Future Roadmap in the Changing Media Landscape	International Conference of 'Bicentenary Celebrations of Urdu Journalism'	13th & 15th Nov, 2022	Department of Mass Comm. and Journalism, Maulana Azad National Urdu University, Hyderabad	International Co-author: Dr. Mohammad
2	Media and the Masses: Information Needs and Seeking Patterns on the Margin in Indo-China Border Areas of Tawang	International Trans-Disciplinary e-Conference On Crafting the Contours of Mass Media for New India: A Global Perspective	2 <sup>nd</sup> November 2020	Department of Mass Communication, RGU, Department of Mass Communication, Assam University and IIMC, Odisha	International Main author: Khan
3	“Paradigms of Contemporary Social Science Research in North East India with Special Reference to Communication Research in Arunachal Pradesh”	Two Days National Seminar Evolving State of Arunachal Pradesh Contemporary Social Science Research in a Tribal State of Northeast India	25th and 26th March 2022	Department of Anthropology, Rajiv Gandhi University, Arunachal Pradesh and The Asiatic Society, Kolkata.	National Seminar

4	Social Media Exposure and Media Literacy: A Study on Media-Induced Happiness Amongst Youths of Meitei Pangal community in Thoubal District of Manipur	HAPPY-MEDIATECH-2022 A Three-Day Trans-Disciplinary International Conclave On " Universal Happiness in Post-Truth Era -Market, Media, Technology, and Global Well-Being : An Educational Perspective for Gen-Next "	27,28 & 29-04-2022	Department of Mass Communication, RGU, and other 11 Departments of RGU	International Conference Main author: Zeet Co-author: Dr. Sunil Kojam & Dr. M. NK
5	Media and Marginalization of Northeast India with Special Reference to Manipur	Media Representation of Northeast India: Looking Back and Looking Forward	07-06-2019 to 08-06-2019	Rajiv Gandhi University, Itanagar At Don Bosco Institute, Guwahati	National Seminar Co-author: Dr. N. K
6	Socio-Cultural changes of the Meitei Pangals of Manipur and their Identity Formation: A Historical Perspective	39 NEIHA Conference	01-11-2018 to 03-11-2018	Northeast India History Association, Shillong at Synod College, Shillong	International Conference Co-author: Dr. N. K
7	Cultural Diversity and Role of Media with Special reference to Manipur	Seminar on Cultural Diversity and Role of Media with Special reference to North East India	04-10-2018 to 05-10-2018	Assam University, Silchar	National Seminar

**Participation in Refresher Course, Training Courses, Teaching-Learning Education Technology, Faculty Development Programmes**

<b>Sl. No.</b>	<b>Programmes</b>	<b>Duration and Date</b>	<b>Organized By</b>
1	Two Week Refresher Course on the theme “Indian Knowledge System (IKS) and Bio-cultural Dimension of Public Health (Grade A awarded)	25 <sup>th</sup> September to 14 <sup>th</sup> October, 2025	UGC Malaviya Mission Teacher Training CEntre (MMTTC) Manipur University. Imphal
2	Faculty Development Programme	24 <sup>th</sup> March to 28 <sup>th</sup> March, 2025	Internal Quality Assurance Cell, Nagaland University
3	NEP 2020 Orientation and Sensitization Programme under UGC-Malaviya Mission Teacher Training Programme (MM-TTP)	16-12-2024 to 31-12-2024	Indian Institute of Technology (Indian School of Mines), Dhanbad
4	Workshop on Understanding the Importance of Almetrics in Research	18-09-2024	IQAC, Nagaland University, Lumami Campus, Nagaland
5	Three Day National Workshop on Research and Publication Ethics	09 to 11-11-2022	Rajiv Gandhi University, Arunachal Pradesh

**Workshops/Seminars/Conference Attended**

<b>Sl. No.</b>	<b>Title of Conference/ Seminar etc.</b>	<b>Period, Date (s) of the Event</b>	<b>Organized by</b>	<b>Whether International/National/State/Regional/University or College Level</b>
1	Community Radio (CR) Awareness Workshop	30 <sup>th</sup> & 31 <sup>st</sup> October, 2025	Ministry of Information and Broadcasting, Government of India in collaboration with Commonwealth of Learning (COL) and Commonwealth Educational Media Centre for Asia (CEMCA)	National
2	Consumer Awareness Seminar	9 <sup>th</sup> October, 2025	Department of Law, Nagaland University and Consumer Advocacy Group	National

3	Empowering Voices in North East India- A Social Dialogue on Ethical Journalism for a Vibrant Future in the region	30 <sup>th</sup> & 31 <sup>st</sup> January, 2025	Department of Mass Communication, Manipur University & NIBIAA Consultancy Private Limited	National
4	Media and Disability Issues	03-12-2022	Communication Today, Jaipur, India	National
5	Celebrating National Press Day	16-11-2022	Communication Today, Jaipur, India	National
6	International Conference of 'Bicentenary Celebrations of Urdu Journalism'	13th & 15th November, 2022	Department of Mass Communication and Journalism, Maulana Azad National Urdu University, Hyderabad	International
7	Celebrating Public Service Broadcasting Day	12-11-2022	Communication Today, Jaipur, India	National
8	Free Speech in Digital Era: Values and Consequences	02-11-2022	Communication Today, Jaipur, India	International
9	HAPPY-MEDIATECH- 2022 A Three-Day Trans-Disciplinary International Conclave On " Universal Happiness in Post-Truth Era -Market, Media, Technology, and Global Well-Being : An Educational Perspective for Gen-Next "	27,28 & 29-04-2022	Department of Mass Communication, RGU, and other 11 Departments of RGU	International
10	Two Days National Seminar on Evolving State of Arunachal Pradesh Contemporary Social Science Research in a Tribal State of Northeast India	25 to 26-03-2022	Department of Anthropology, Rajiv Gandhi University, Arunachal Pradesh and The Asiatic Society, Kolkata.	National

11	Two days' workshop on the theme “Citizen Journalism: Empowering Youth for Social Change”	24 to 25-02-2022	Rajiv Gandhi National Institute of Youth Development, Ministry of Youth Affairs & Sports, GOI with Rajiv Gandhi University Arunachal Pradesh	National
	International Trans-Disciplinary e-Conference On Crafting the Contours of Mass Media for New India: A Global Perspective	2 <sup>nd</sup> November 2020	Department of Mass Communication, RGU, Department of Mass Communication, Assam University and IIMC, Odisha	International
12	National Intellectual Property Awareness Mission	17-02-2022	Intellectual Property Office, India Ministry of Commerce and Industries, Govt of India	National
13	Media Representation of Northeast India: Looking Back and Looking Forward	07-06-2019 to 08-06-2019	Rajiv Gandhi University, Itanagar At Don Bosco Institute, Guwahati	National
14	39 NEIHA Conference	01-11-2018 to 03-11-2018	Northeast India History Association, Shillong at Synod College, Shillong	International
1	Cultural Diversity and Role of Media with Special reference to North East India	04-10-2018 to 05-10-2018	Department of Mass Communication, Assam University, Silchar	National

#### **Other University and Departmental Activities:**

- Member, sub-committee for organising Poster competition in the Vigilance Awareness Week 2025 organised by the Nagaland University, Lumami.
- Judge, Photography Competition, 25<sup>th</sup> Varsity Cultural and Literary Meet, 2024 organised by Nagaland University Students' Union Lumami, Nagaland University.
- Member, Advisory Committee of Newsletter Publication, “**THE COMMUNICATOR**” published by the department of Journalism and Mass Communication, Nagaland University.

- Member, Advisory Committee of Magazine Publication, “***MASSCOM Chronicle***” published by the department of Journalism and Mass Communication, Nagaland University.
- Member, Organizing Committee, Football (Men) Northeast Zone Inter University Tournament 2024-25 organised by Nagaland University and Association of Indian Universities (AIU), New Delhi from 11-15 November, 2024

\*\*\*\*\*